

Bibliography

This document lists supportive literature for the efficacy of collagen peptides in human health and nutrition.

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Content

- Bioavailability
- Skin beauty
- Joint health
- Bone health
- Sports nutrition
- Weight management

Articles are marked as follows:

* Study performed with Peptan®

** Study performed with Peptan®-containing end product

*** Study performed with Hydro-P® (Sonac)

^ Article with Rousselot contribution

Bioavailability

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* Study performed with Peptan

Skin beauty

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* Study performed with Peptan

** Study performed with Peptan-containing end product

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Joint health

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* Study performed with Peptan

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*** Study performed with HydroP (Sonac)

Bone health

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* Study performed with Peptan

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* Study performed with Peptan

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Weight management

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